Regulations Governing the Use of Indoor Sports Facilities

1. General

1.1 Children under age 8 must be accompanied by either of their parents when using the sports facilities.

1.2 Any person between the age of 8-17 must be accompanied by eligible adult user who is age 18 or over.

1.3 Smoking is not permitted within the sports facilities.

1.4 No food or drinks except water is permitted within the sports facilities. Drinking water is only allowed outside the court areas.

1.5 No pets are allowed to be brought into the sports facilities.

1.6 The use of audio-visual equipment is permitted only under circumstances that it will not cause any danger or disturbance to other users of the sports facilities.

1.7 Group and private coaching is only permitted by prior arrangement with Student Affairs Office through the appropriate clubs or associations.

1.8 Appropriate sports wear must be dressed. Bare foot is not allowed.

1.9 Footwear must be non-marking rubber-soled sports shoes.

1.10 Confirmation of Booking, University ID Card / Guest Ticket must be produced at the entrance and/or on request of Physical Education staff.

2. Free Weight Training Room

2.1 The maximum capacity of the Weight Training Room is 20 for each session.

2.2 Only users with Weight Training Equipment User Card can use the room. The card must be produced when entering in the room and making the booking.

2.3 User age 17 or under is not allowed to use the Weight Training Room.

2.4 Free weight is not allowed to be brought outside the room while in use and must put back to its stand after use.

2.5 No guest(s) is/are allowed.

2.6 Exercise no more than 20 minutes on the same equipment if someone is waiting to use.
3. Squash Courts

3.1 No more than two players will be allowed in any court at one time except advance booking for club practice or team training.

3.2 No other ball games except squash can be played in the court.

3.3 Only non-marking ball is allowed.

3.4 Player is strongly advised not to wear glass spectacles. Suitable protection for eyes is strongly recommended.

4. S. H. Ho Sports Hall

4.1 Courts reserved can only be used for designated game except special arrangement has been made.

4.2 Sports Hall is open for sports participation. For visitor, please use spectator stand at Ground floor level.

5. Climbing Wall

5.1 All eligible users of HKUST holding a recognized and valid sport climbing training level 2 certificates or above issued by the NSAs concerned, and accompanied by another person(s) with equivalent qualification or above may use the climbing walls. The recognized certificate must be sent to Facilities Manager for inspection in advance.

5.2 Only one user is allowed to climb on each lane of the climbing wall at a time. He/She should always be assisted by another user as belayer for safety sake.

5.3 Overseas certificates should be verified by the relevant NSAs in Hong Kong to be arranged by the users before using the facility.

5.4 All users of the climbing walls must inspect their equipment and safety of the gear prior to use.

Student Affairs Office
July 2018